If you want to have sex with someone, you need to make sure they want to do it, too. If you're not sure, just ask!

That's so awkward though... it'll ruin the mood.

You can do it in a way that it won't ruin the mood. Ask them what they want, or how they want the night to go.

Do you know where to go on campus if you need help, like the health center or student affairs?

Not really...

I hope you feel like you can talk to me about staying safe on campus. I feel awkward talking about some of this stuff with you.

If you're at a party and a friend seems uncomfortable or freaked out, don't be afraid to step in and help. Sometimes it's hard to stick up for yourself in that situation.

That's understandable, but I'm here for you, no matter what happens.

Chat online at: online.rainn.org
Call someone who can help: 800.656.4673

Explain consent:
OK, let's look it up online quickly.

Stress the importance of consent.

Encourage bystander intervention.

Establish an open line of communication.

I hope you feel like you can talk to me about the health center or an emergency situation.

That's understandable, but I'm here for you, no matter what happens.

Chat online at: online.rainn.org
Call someone who can help: 800.656.4673

Explain consent:
OK, let's look it up online quickly.