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## **RAINN**

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Speakers Bureau Newsletter

By Sara Snyder, Speakers Bureau Manager • Jul 25, 2023

Speakers Bureau **Highlights** 

of August. Below you will find a brief bio of them.

Welcome Speakers Bureau Summer Interns!

I would like to formally introduce and welcome our two summer interns, Ashley Thomas and Olivia Hobson. They will be with us until the middle

My name is Olivia Hobson, and I am excited to introduce myself as one of the Speakers Bureau interns!

Some background about me, I am currently a college student! I am an Associate in Arts Major, a transfer pathway so I can transfer to a *University in 2024 when I graduate from community college. Most of* my classes have been psychology based, and I plan to major in criminology when I transfer. I have enjoyed studying the foundations of how humans function, how we communicate with each other, how certain subjects affect us as people, and how we go through the world. I

am very passionate about helping survivors, advocating for them, and educating the people that surround all of us. I do have a few hobbies. These include reading, drawing, and listening to music! I also will binge-watch some of my favorite shows from time to time. I also enjoy taking my dog, Otis, for walks in the morning! I am excited to be a part of this team and learn and grow in my experience and knowledge about these important subjects.

Sara as one of her interns for the summer. Let me share a bit about myself. I'm a Psychology and Social Work major at Bradley University and will graduate this spring. After that, I plan to attend grad school to earn my Master of Social Work. Along with my studies, I work for a Crisis Help Textline and volunteer for the CRPS (Complex Regional Pain Syndrome) Warriors Foundation.

Additionally, I shadow a DSW, a Doctor of Social Work, two to three times weekly to gain therapy experience. My passion for mental health has led me to help and support people in any way I can.

In addition, I enjoy volunteering at my local animal shelter, particularly

about scrapbooking, baking, and watching new movies. This summer, I have a list of movies I plan to watch. Last summer, I watched all of the Harry Potter movies in one day, and this year, I watched every Lord of the Rings movie in one sitting. While I am not particularly fond of outdoor activities, I love vacationing in the north woods of Wisconsin. I'm thrilled to partake in this experience, meet new individuals, and listen to their stories. This position raises awareness, so I'm eager to learn and grow from it. Being a victim is complex, but sharing your story shows your bravery and strength. It's an honor to support and assist in any way I can as an advocate.

Male Survivor Summit Part 1 Please join RAINN for Part 1 of our Male Survivor Summit on August 4th at 7 p.m. EST / 4 p.m. PST, amplifying the voices of male survivors of sexual violence on our Facebook. This will be a discussion featuring Speakers Bureau members Derek LaHair and Ethan Levine on disclosure as a male survivor, accessibility to resources as a male survivor, the healing process from a male perspective, and their experience as a male-

The Movement of Recruitment with

#### Come join us on Wednesday, July 26th at 12 p.m. EST / 9 a.m. PST for a conversation on the Movement of Recruitment with RAINN's Senior Manager, Talent Acquisition, Lia-Marie Marmolejos.

University (Go Monarchs!). She has received several certifications at the University of Virginia, such as one in Public Administration with a focus on health and equity. She is part of Omega Phi Beta Sorority, whose purpose is to serve and educate people of diverse backgrounds through sisterhood, leadership, and guidance. Lia-Marie has been with RAINN for five years. She started as a support specialist on the Hotline while working for the government. She then left the government to become one of the Evening Shift Managers, years later became the evening Senior Shift Manager, and a year later became the Recruitment Manager, and now Senior Manager of Talent Acquisition. She currently still volunteers on the Hotline.

named Slush. Lia-Marie received her Bachelor's Degree at Old Dominion

#### Please note that this informational session is from Lia-Marie's experience as someone in our People Team that directly assists with hiring and recruiting. This informational session will strictly cover general advice about recruiting, interviewing, and hiring. We recognize that RAINN's hiring practices are different from other organizations and companies.

Respectfully, we will not be answering any questions about who we have

hired or those who have left our organization. This training will also not

be recorded, but we will pass along a fact sheet (FAQ) via email and the

If you plan to attend this training, please RSVP here and submit your

Speakers Bureau Portal the following week.

questions for Lia-Marie here.

pm - 8 pm EST.

RAINN

members.

workshop will not be recorded.

July Survivor Love Letter Workshop Earlier this year, RAINN participated in #SurvivorLoveLetter, a powerful social media campaign that flooded the internet with love for survivors on Valentine's Day. This effort was started by filmmaker and activist Tani <u>Ikeda</u> in 2012 on the anniversary of her rape, where she penned a letter to her younger self that ended with the words: "This is my survivor love letter." Now, we are excited to take this partnership further. We are proud to announce that Tani Ikeda will be teaming up with RAINN to facilitate a

Thank you, June Speakers!

Speakers Bureau

Speaking Opportunities

A number in each state representing how many opportunities we have had in that state.

For the month of June, there were a total of 7 opportunities. We had

speaking opportunities in Florida, Maryland, Minnesota, Ohio, and

Virginia. We also had two opportunities provided to all Speakers Bureau

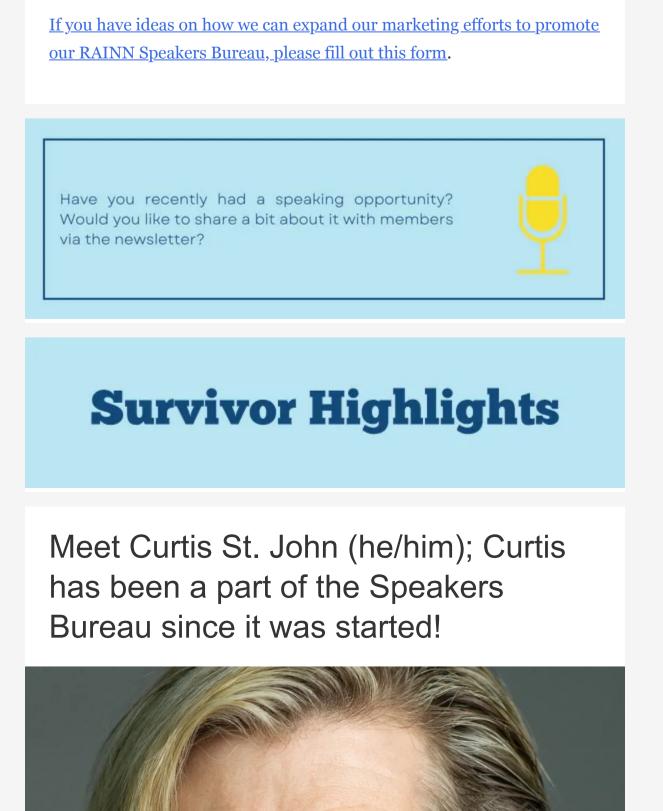
If you would like to see a full list of our speaking opportunities, please

be difficult. We have just recently started our outreach and will continue

to post announcements of upcoming speaking opportunities. We plan to

visit the **Speakers Bureau Portal**. Forecasting when and where speaking opportunities will come from can

do more marketing and outreach in 2023, so stay tuned!



was found not guilty by reason of insanity after murdering an eighteenyear-old boy and was petitioning for release; however, no one knew he was also a pedophile. A SANE nurse came to class and said, 'Those who can speak need to stand up and speak for those who cannot." After that, I did all I could and went on to become President and Media

What prompted you to join the Speakers Bureau?

"In 2002 I had just testified at a hearing to keep my abuser locked up. He

Sara's Corner feels like yesterday that it was January. I am so excited for our new

**Updates & Reminders** 

We are starting to plan more training sessions for Speakers Bureau

If you are interested in leading training or have an idea for future

training, please contact me at <a href="mailto:speakersbureau@rainn.org">speakersbureau@rainn.org</a>

please send an email to speakersbureau@rainn.org

members. We currently have two upcoming recruiting/interviews and

If you are continuing to have issues with our new Speakers Bureau Portal,

If you are currently not subscribed to our RAINN Monthly Newsletter

and would like to start receiving them, please subscribe here.

set up portals for parents to share their stories.

**Speakers Bureau Training** 

**RAINN News Newsletter** 

policy/legislative.

**Reminders** 

shared heartbreaking stories of abuse - sexual and nonsexual - that some

of their close friends were enduring. We even had one of my daughter's

close friends stay overnight at our house to escape the situation. I'll be

understanding of sexual violence and other forms of abuse more broadly

and how the pandemic had actually contributed to an increase in sexual

violence....especially against our youth. So when I learned about RAINN

frank, I was unsure of what to do. This led me to seek a greater

and its mission, I felt that the experience with my daughters - in

hindsight - somehow foreshadowed my future. I knew that this is

Can you tell us about your favorite project that you have

"I've enjoyed learning how technology is so vital to the quality of our

upgraded our support platform to serve visitors better. This process

support and how important it is to our staff and volunteers. We recently

#### Do you have any words of encouragement for RAINN Speakers **Bureau Members?** "We value your partnership and your support so much. It is through your work and your advocacy that RAINN is able to expand our reach exponentially, expand our support, and further our mission. As my onboarding with RAINN continues, I hope I can find productive ways to

Another good way to make journaling a self-care habit is a form of selfreflection. The question method is a common form of journaling. Selfreflection questions are one of the best ways to help you find your voice on paper. E.g., How do you recharge? How can you celebrate yourself today? What's a choice you can make this week based on your needs?

DOD SAFE HELPLINE ASSISTANT SHIFT MANAGER/STAFFER

originally from Gurnee, Illinois, which is located approximately 30 minutes north of Chicago. Aside from volunteering, I am passionate

working with cats since I am a proud owner of four myself. I am

# Lia-Marie was born and raised in the Dominican Republic. She has a cat

identifying survivor

Lia-Marie

### Lia-Marie is a Human Resource Management Certified Professional. She has hired over 100+ RAINN employees since transitioning to the People Team. She created new processes and procedures to ensure all candidates are screened and reviewed fairly across departments. On a nice summer day, you can find her hiking, tubing, brunching, and playing out in the sun. As an islander, winter is not for her.

series of Survivor Love Letter Workshops. These aren't just ordinary workshops - they are unique meditative and writing sessions designed to

foster a deeper connection with our younger selves, serving as a

nurturing ground for creative resilience. The next workshop in this

If you're interested in attending Tani's workshop, please RSVP here.

Detailed information for the Zoom session will be disseminated on

Monday morning. RAINN will be providing an on-site clinician for

support throughout the workshop. To honor and respect the privacy of

attendees and those sharing their written pieces, please note that this

inspiring series is slated for Tuesday, July 25th, from 3 pm - 5 pm PST / 6

Coordinator for <u>www.malesurvivor.org</u>, a committee member of the Dutchess County Sex Offender Management Project, and a speaker with RAINN." Can you tell us about the first time that you felt heard, validated or accepted by someone?

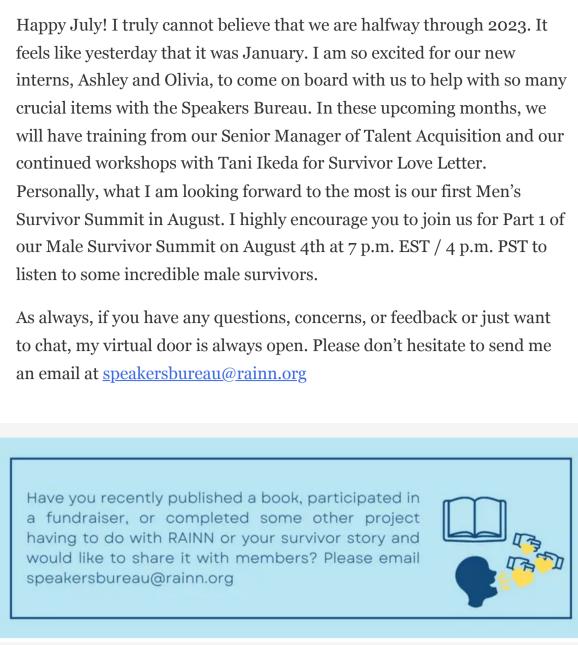
my call to listen to what I had to say."

What does your self-care look like?

opportunities that would stretch me too thin."

"When the Dutchess County (NY) Assistant District Attorney returned

"Setting boundaries and knowing when to say no thank you to



**Policy Corner** 

Welcome to the new Policy Corner of the Speakers Bureau Newsletter!

This column will update any policy/legislative items that are seeking

Attorney Generals are participating in the multistate investigation of

Meta and TikTok for targeting young people in harmful ways on social media and are asking for parents to report on how their own families

have been impacted in ways that affect their children's mental health.

Attorneys Generals from Colorado, New Hampshire, and Tennessee have

member participation.

**RAINN Staff Highlights** Meet Jae Pak (he/him/his), RAINN's Vice President of Victim Services, Jae has been with RAINN for 3 months!

#### "I'm actually one year older than my official birth certificate. I was born in rural South Korea, and my parents only registered me 1 year after birth (once they knew that I was going to survive as Korea had a high infant mortality rate at the time). So I was actually born in 1969 and not 1970 (per my official birth certificate). I know it's crazy."

anything! Some prefer to write about their emotions, current events going on, as well as writing stories. Here are a few topics to write about in a journal for self-care and how journaling can be a helpful practice! Writing questions to ourselves can be a good place to start. Such as; what makes you feel in control? What makes you feel calm? How do you encourage yourself when trying something new?

If you are looking to become more involved with RAINN, please view our

Senior Legislative Policy Counsel **Director**, Major Gifts

What prompted you to join RAINN? "I have 2 young daughters who were in their late teens during the start of the pandemic. Like many families, we ended up spending much more time together because of remote work and remote schooling. During that time, my daughters really opened up to me about their struggles and

#### helped me better understand how we provide support and our team's challenges. I'm looking forward to helping our teams make even more improvements better to serve our visitors and our staff and volunteers alike." People would be surprised to know this about you:

expand and strengthen these partnerships!"

something that I could and should advocate for."

worked on at RAINN?

Self-care is essential to help us heal our inner selves. Practicing different self-care forms can help you find what is suitable for you and what fits your style and comfort level. Today, journaling is a common practice of self-care, but what do you write about? You can write about absolutely

follow, and then we can learn ways to control and avoid them.

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My name is Ashley Thomas, and I am very excited to be working with

Self-Care

**DevOps Engineer** (Evening)

Feedback

communications.

**RAINN Job Openings** current job openings: Mid-level Gifts Officer Compensation and Benefits Specialist DOD SAFE HELPLINE SHIFT MANAGER (Morning) DOD SAFE HELPLINE SHIFT MANAGER (Overnight) Local Safe HelpRoom Clinical Manager

Like this email style and format? It's called Smart Brevity ${\bf @}$ . Hundreds of orgs use it — in a tool called Axios HQ— to drive productivity with clearer workplace This email was sent by RAINN via Axios HQ

Journaling is beneficial from an emotional aspect. It can help us prioritize any fears or concerns we may be feeling, and it also gives us an opportunity for some positive self-talk. Journaling can also be used to track our day-to-day emotions and recognize any triggers that may

Anonymously tell us what you thought of this edition. Your responses will help us create better content for you! Was this edition useful?